## **April** 2024

## Harmony Union School District Lunch 2023/24

	01	02 03	3 04		(
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	
Cheese Quesadilla	Shredded chicken taco	Chicken Gumbo	Spaghetti with olive oil and garlic	Union Hotel Cheese Pizza	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables	
Baked potato	Baked potato	Baked potato	Baked potato	Baked potato	
Fruit	Refried Beans	Fruit	Peas	Orange Ginger Kale Salad	
Apple	Fruit	Fresh Banana	Fruit	Fruit	
Grains	Fresh Oranges	Grains	Apple	Fresh Oranges	
Brown rice	Grains	Brown rice	Milk	Milk	
Milk	Brown rice	Milk	1% Milk	1% Milk	
1% Milk	Milk	1% Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
Fat Free Chocolate Milk	1% Milk	Fat Free Chocolate Milk	Misc.	Misc.	
Misc.	Fat Free Chocolate Milk	Misc.	Sour cream	Sour cream	
Sour cream	Misc.	Sour cream	Shredded Cheddar Cheese	Shredded Cheddar Cheese	
	Sour cream				
Ranch dressing	Shredded Cheddar Cheese	Ranch dressing	Ranch dressing	Ranch dressing	
Balsamic dressing		Balsamic dressing	Balsamic dressing	Balsamic dressing	
	Ranch dressing		Cottage Cheese		
	Balsamic dressing				
	Guacamole				
	08	09 1	0 11		
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	
Toasted Cheese Sandwich	Pork Carnitas Street Tacos	Chili with Beans	Pesto Pasta	Union Hotel Cheese Pizza	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables	
Baked potato	Baked potato	Baked potato	Baked potato	Baked potato	
Creamy Tomato Soup	Refried Beans	Fruit	Peas	Broccoli Florets	
Fruit	Fruit	Pears	Fruit	Fruit	
Apple	Fresh Oranges	Grains	Apple	Fresh Oranges	
Milk	Grains	Brown rice	Desserts	Milk	
1% Milk	Brown rice	Milk	Chocolate Chip Cookies	1% Milk	
Fat Free Chocolate Milk	Milk	1% Milk	Milk	Fat Free Chocolate Milk	
Misc.	1% Milk	Fat Free Chocolate Milk	1% Milk	Misc.	
Sour cream	Fat Free Chocolate Milk	Misc.	Fat Free Chocolate Milk	Sour cream	
	Misc.	Sour cream	Misc.		
Ranch dressing	Sour cream	Shredded Cheddar Cheese	Sour cream	Ranch dressing	
Balsamic dressing				Balsamic dressing	
	Shredded Cheddar Cheese	Ranch dressing	Ranch dressing		
	Ranch dressing	Balsamic dressing	Balsamic dressing		
	Balsamic dressing		Cottage Cheese		
	Guacamole		Shredded cheddar		
	15	16 1	7 18		
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	
Asian BBQ Pulled Pork	Nachos with Ground Beef	Baked tofu	Spaghetti with olive oil and garlic	Union Hotel Cheese Pizza	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables	
Baked potato	Baked potato	Baked potato	Baked potato	Baked Potato	
Fruit	Refried Beans	Carolina Coleslaw SC-Lexington1	Whole Kernal Corn	Orange Ginger Kale Salad	
Fresh Banana	Fruit	Fruit	Fruit	Fruit	
Grains		Fresh Grapes			
Cornbread	Apple Milk	Grains	Fresh Oranges Desserts	Fresh Apple Slices Milk	
Milk	1% Milk	Brown rice		1% Milk	
		Milk	Chocolate Chip Cookies		
1% Milk	Fat Free Chocolate Milk		Milk	Fat Free Chocolate Milk	
Fat Free Chocolate Milk	Misc.	1% Milk	1% Milk	Misc.	
Misc.	Shredded Cheddar Cheese	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Shredded Cheddar Cheese	
Shredded Cheddar Cheese	Sour cream	Misc.	Misc.	Sour cream	
Sour cream	Ranch dressing	Shredded Cheddar Cheese	Shredded Cheddar Cheese	Ranch dressing	
Ranch dressing	Balsamic dressing	Sour cream	Sour cream	Balsamic dressing	
Balsamic dressing	Guacamole	Ranch dressing	Ranch dressing		
5		Palcamic dracsing	Balsamic dressing		
		Balsamic dressing	balsariic utessing		

| Lunch Entree              |
|-------------------------|-------------------------|-------------------------|-------------------------|---------------------------|
| Tuna fish sanwich       | Shredded chicken taco   | Chana Masala            | Baked Penne Pasta       | Hummus and Vegetable Wrap |
| Vegetables              | Vegetables              | Vegetables              | Vegetables              | Turkey & Cheese Wrap      |
| Baked potato            | Baked potato            | Baked potato            | Baked potato            | Vegetables                |
| Carrot Sticks           | Pinto beans             | Fruit                   | Fruit                   | Baked potato              |
| Fruit                   | Fruit                   | Pears                   | Fresh Oranges           | Broccoli Florets          |
| Fresh Oranges           | Apple                   | Grains                  | Milk                    | Fruit                     |
| Milk                    | Grains                  | Brown rice              | 1% Milk                 | Apple                     |
| 1% Milk                 | Brown rice              | Milk                    | Fat Free Chocolate Milk | Milk                      |
| Fat Free Chocolate Milk | Milk                    | 1% Milk                 | Misc.                   | 1% Milk                   |
| Misc.                   | 1% Milk                 | Fat Free Chocolate Milk | Sour cream              | Fat Free Chocolate Milk   |
| Sour cream              | Fat Free Chocolate Milk | Misc.                   | Ranch dressing          | Misc.                     |
| Shredded cheddar        | Misc.                   | Sour cream              | Balsamic dressing       | Sour cream                |
| Ranch dressing          | Shredded Cheddar Cheese | Ranch dressing          |                         | Ranch dressing            |
| Balsamic dressing       | Sour cream              | Balsamic dressing       |                         | Balsamic dressing         |
| 5                       | Ranch dressing          | _                       |                         | -                         |
|                         | Balsamic dressing       |                         |                         |                           |

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